

Resident Wellbeing Committee

Terms of Reference

Statement of Purpose

The goal of the Resident Wellbeing Committee (RWBC) is to provide the support necessary for resident physicians to maximize their own and their family's health and wellbeing. The committee will endeavor to examine the professional and personal issues that affect resident physicians and advocate on their behalf in work, academic and personal areas.

Responsibilities

The RWBC will aim to:

1. Raise awareness about physician health issues among resident physicians, residency programs, faculty members and allied health professionals
2. Identify factors affecting resident wellness in residency programs
3. Monitor the wellness of resident physicians and residency programs
4. Develop, implement and evaluate measures to improve wellness in resident physicians
5. Assist in the planning and funding of resident planned wellbeing events
6. Be available on an individual level to discuss specific issues that arise for resident physicians or in residency programs, and to facilitate appropriate referral
7. Aim to effectively represent all resident physicians on the committee
8. Promote resident wellness research and scholarly activities

Liaisons

The RWBC will liaise with the following organizations to help promote resident wellness and advocacy:

1. Relevant members of the Faculty of Medicine & Dentistry including:
 - a. Vice-Dean Education
 - b. Associate Dean, Advocacy & Wellbeing
 - c. Associate Dean, Postgraduate Medical Education
2. Professional Association of Resident Physicians of Alberta (PARA)
3. Physician and Family Support Program of the Alberta Medical Association
4. College of Physicians and Surgeons of Alberta
5. Program Directors and Residency Program Committees
6. Medical Students Association (MSA)
7. Alberta Health Services
8. Comparable committees at other Canadian medical schools
9. Other local, regional or national agencies as appropriate

Reporting

The RWBC will report to the Associate Dean, Office of Advocacy & Wellbeing as needed and will update the Postgraduate Medical Education Council at least quarterly

Membership

Chair(s)

- The committee will be chaired by the Assistant Dean, Resident & Fellow Affairs, Office of Advocacy & Wellbeing. A co-chair may also be appointed by the Associate Dean, Office of Advocacy & Wellbeing.

Members

- Resident representation will come from each postgraduate residency training program.

Ex-officio Members

- Associate Dean, Office of Advocacy & Wellbeing, PARA Representative(s), and MSA Representative(s).

Program Directors (PD) and Program Administrators (PA)

- PDs and PAs from each postgraduate residency training program will receive the meeting notices, agendas, meetings and any announcements for their own information and to help with distribution of information.

Terms

The Assistant Dean, Resident & Fellow Affairs' term will follow their appointment to the Office of Advocacy & Wellbeing. Where relevant, the co-chair will be appointed to a renewable three-year term.

Meeting Schedule

The RWBC will meet every other month during the academic year (September, November, January, March and May) and at the call of the Chair if needed.