



IMMEDIATELY (with blood or body fluid exposure):

1. Remove contaminated gloves, clothes, etc.
2. For sharps injury allow bleeding for 1-2 minutes – do not squeeze. Wash area with soap and water or alcohol based hand rub and cover with a dressing.
3. For mucous membrane exposure (e.g. eyes, nose, mouth) and non-intact skin, flush with large amounts of water for 10-15 minutes.
4. Report incident to the Charge Nurse and your supervisor immediately to complete Source Risk Assessment & obtain first aid.
5. Follow facility specific reporting protocol. If you are at AHS facility call 1-888-482-8550.

REPORTING:

All incidents, home or abroad must be reported to the Undergraduate Medical Office within 48 hours.

To report visit www.ehs.ualberta.ca and:

6. Complete the on-line University of Alberta Incident Report within 48 hours.
7. Complete the Alberta WCB Worker's Report of Injury within 48 hours by following the injury or incident links.
8. For Medical Program students, both forms must be submitted within 48 hours to the Undergraduate Medical Education office via email at UME.HBBFE@ualberta.ca or alternatively fax to 780-492-9531.

For additional help contact:

Learner Advocacy and Wellness: 780-492-3092 or

AMA Physician & Family Support Program 24/7 at 1-877-767-4637