



IMMEDIATELY with blood or body fluid exposure:

1. Remove contaminated gloves, clothes, etc.
2. For sharps injury allow bleeding for 1-2 minutes – do not squeeze. Wash area with soap and water or alcohol based hand rub and cover with a dressing.
3. For mucous membrane exposure (e.g. eyes, nose, mouth) and non-intact skin, flush with large amounts of water for 10-15 minutes.
4. Report incident to the Charge Nurse and your preceptor immediately to complete Source Risk Assessment & obtain first aid.
5. Follow facility specific reporting protocol. If you are at:
 - a. AHS facility call **1-855-450-3619**
 - b. Covenant Health Facility call **1-855-342-8070**

REPORTING:

ALL INJURIES & HBBFE INCIDENTS that occur while in a learning environment **MUST** be reported to the MD Program Office within **24** hours.

To report visit www.ehs.ualberta.ca and:

- Complete the on-line University of Alberta Incident Report.
- Complete the Alberta WCB Worker's Report of Injury by following the [Report an Incident](#) link.
- Medical Program students must submit **both forms** within **48 hours** to the MD Program Office via email at UME.HBBFE@ualberta.ca or alternatively fax to 780-492-9531.

For additional help contact:

MD Program: 780-492-6350

Non-Mandatory Support:

Office of Advocacy and Wellness (OWA): 780-492-3092

AMA Physician & Family Support Program 24/7 at 1-877-767-4637

CPSA – Advice to Profession – Blood Borne Infections in HC Workers