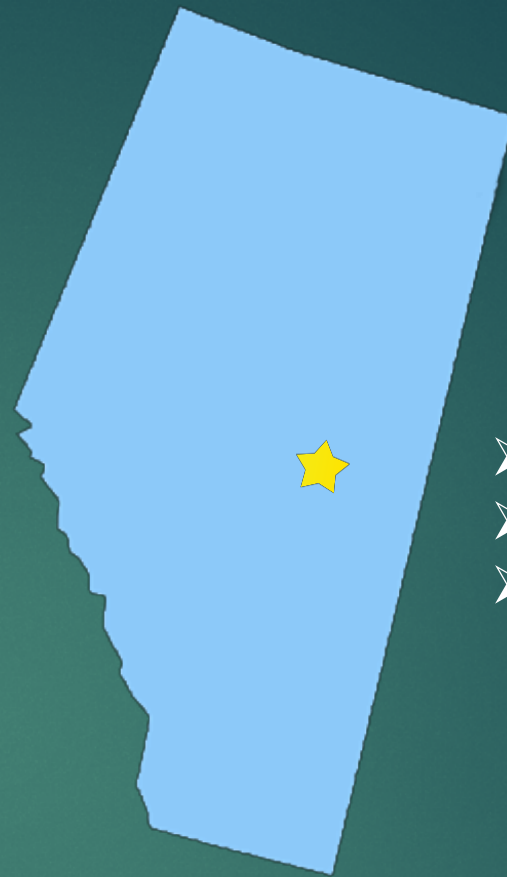




**Welcome to Lamont!**

<http://www.lamont.ca/>



# Location

- 75 km (1 hr) east of Edmonton
- 207 km (2 hrs) west of Lloydminster
- 224 km (2 ¼ hrs) from Red Deer





# Town of Lamont

- Population: 1,774
- Median age: 46.2
- 25.1% population 65+
- Economic Base:
  - Oil & Gas
  - Agriculture
- Home of the annual Community Fair & Perogy Festival



- Arena
- Curling rink
- Parks
- Spray park
- Fishing pond
- Elk Island Golf Course

# Recreation

# Lamont County



- Population: 3,899
- Median age 47.9
- 20.6% population 65+

# Lamont Healthcare Centre (Hospital)

5216 53 St  
Lamont, AB  
T0B 2R0  
(780) 895-2211

- 24-Hour active emergency
- 14 Active treatment beds
- 101 Long term care beds
- 2 Palliative care beds
- 2 Respite beds
- 6 Day surgery beds
- 2 Surgical suites



# Astotin Medical Clinic

#4,5216 53 St  
Lamont, AB  
T0B 2R0  
780-895-7436

- 4 Physicians in this practice
- 4 Clinics in the community

